

AUTUMN & WINTER SCHOOL MENU

**Fresh Bread, Fresh Fruit
& Yoghurt Available Daily**

1
week

Standard Menu

Mains

MONDAY

Westcountry Burger,
Potato Wedges & Sweetcorn

Gluten | Sulphur Dioxide

TUESDAY

Chicken, Tomato & Pesto
Wholewheat Pasta Bake
with Vegetables

Gluten | Milk

WEDNESDAY

Toad In The Hole with Mixed
Vegetables & Gravy

Gluten | Milk | Eggs

THURSDAY

Beef Lasagne, Crusty Bread &
Peas

Halal

Gluten | Milk

FRIDAY

Fish Fingers, Chips & Peas

Fish

Vegetarian Mains

Quorn Southern Style Burger,
Potato Wedges & Sweetcorn

Gluten

Tomato, Bean & Pesto
Wholewheat Pasta Bake
with Vegetables

Gluten | Milk

Quorn Toad In The Hole with
Mixed Vegetables & Gravy

Gluten | Milk | Eggs

Bean and Vegetable Lasagne,
Crusty Bread & Peas

Gluten | Milk | Eggs

Vegan Fishless Fingers, Chips
& Peas

Gluten | Soya

Jackets Sandwiches

Jacket Potato with Baked Beans
& Side Salad

Cheddar Cheese &
Cucumber Sandwich
with Nachos & Raisins

Gluten | Milk

Jacket Potato with Tuna
Mayonnaise & Side Salad

Fish

Cheese Salad Bap with Nachos
& Raisins

Gluten | Milk

Chicken Salad Wrap with
Nachos & Raisins

Halal

Gluten

Dessert

Ice Cream Pots

Milk

Chocolate Flavoured Flapjack &
Fruit Slices

Gluten | Eggs

Carrot Cake & Fruit Slices

Apple Crumble & Custard

Gluten | Milk

Banana Bread Cookie & Fruit
Slices

Gluten | Eggs

Reduced Allergen

Mains

MONDAY

Westcountry Beef Burger,
Potato Wedges Sweetcorn

Sulphur Dioxide

TUESDAY

Chicken, Tomato & Pesto Pasta
Bake with Vegetables

WEDNESDAY

Westcountry Sausages, Mash
Potato, Vegetables & Gravy

THURSDAY

Beef & Tomato Gratin with
Peas

Halal

FRIDAY

Salmon Fish Fingers, Chips &
Peas

Fish

Vegetarian Mains

Quorn Southern Style Burger,
Potato Wedges Sweetcorn

Gluten

Tomato, Bean & Pesto Pasta
Bake with Vegetables

Gluten

Quorn Sausage, Mash
Potato, Vegetables & Gravy

Bean & Tomato Gratin with
Peas

Vegan Fishless Fingers, Chips
& Peas

Gluten | Soya

Jackets Sandwiches

Jacket Potato with Baked Beans
& Side Salad

Violife Cheese & Cucumber
Sandwich with Nachos &
Raisins

Eggs

Jacket Potato with Tuna
Mayonnaise & Side Salad

Fish

Violife Cheese Salad Bap with
Nachos & Raisins

Chicken Salad Bap With
Nachos & Raisins

Halal

Dessert

Orange & Mango Smoothie

Chocolate Flavoured Flapjack &
Fruit Slices

Free From Cake

Apple Crumble

Free From Cookie & Fruit Slices

AUTUMN & WINTER SCHOOL MENU

**Fresh Bread, Fresh Fruit
& Yoghurt Available Daily**

2
Week

Standard Menu

Mains

MONDAY

Beef Bolognese & Wholewheat Pasta with Vegetables

Halal

Gluten

TUESDAY

Hot Dog, Wedges & Sweetcorn

Gluten

WEDNESDAY

Roast Chicken, New Potatoes with Mixed Vegetables & Gravy

Halal

THURSDAY

Winter Chicken Casserole, Mash Potato & Seasonal Vegetables

Halal

FRIDAY

Fish Fingers, Chips & Baked Beans

Fish

Vegetarian Mains

Vegetable & Quorn Bolognese with Wholewheat Pasta & Vegetables

Gluten | Eggs

Quorn Hot Dog, Wedges & Sweetcorn

Gluten

Roast Quorn Fillet, New Potatoes with Mixed Vegetables & Gravy

Gluten

Winter Vegetable Casserole, Mash Potato & Seasonal Vegetable

Gluten

Jackets Sandwiches

Cheese Salad Bap with Nachos & Raisins

Gluten | Milk

Jacket Potato with Baked Beans, Cheese & Side Salad

Milk

Jacket Potato with Tuna Mayonnaise & Side Salad

Fish

Ham & Tomato Salad Bap with Nachos & Raisins

Gluten

Jacket Potato with Cheese & Side Salad

Milk

Dessert

Fruit Salad & Ice Cream

Milk

Baked Pineapple Sponge

Gluten | Eggs

Citrus & Berry Cake & Fruit Slices

Gluten | Eggs

Peach & Berry Crumble with Custard

Gluten | Milk

Lemon Shortbread Biscuit & Fruit Slices

Gluten

Reduced Allergen

Mains

MONDAY

Beef Bolognese Pasta with Vegetables

Halal

TUESDAY

Hot Dog, Wedges & Sweetcorn

WEDNESDAY

Roast Chicken, New Potatoes with Mixed Vegetables & Gravy

Halal

THURSDAY

Winter Chicken Casserole, Mash Potato & Seasonal Vegetables

Halal

FRIDAY

Fish Fingers, Chips & Baked Beans

Fish

Vegetarian Mains

Vegetable & Quorn Bolognese Pasta with Vegetables

Gluten

Quorn Hot Dog, Wedges & Sweetcorn

Gluten

Roast Quorn Fillet, New Potatoes with Mixed Vegetables & Gravy

Winter Vegetable Casserole, Mash Potato & Seasonal Vegetables

Gluten

Jackets Sandwiches

Violife Cheese Salad Bap with Nachos & Raisins

Jacket Potato with Baked Beans, Violife Cheese & Side Salad

Fish

Ham & Tomato Salad Bap with Nachos & Raisins

Jacket Potato with Violife Cheese & Side Salad

Dessert

Fruit Salad

Free From Cake

Free From Cake

Peach & Berry Crumble

Free From Cookie & Fruit Slices

AUTUMN & WINTER SCHOOL MENU

**Fresh Bread, Fresh Fruit
& Yoghurt Available Daily**

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Standard Menu

Mains

MONDAY

Fajita Style Chicken & Tomato Nachos with Vegetable Rice

Halal

TUESDAY

Beef and Pork Meatballs in Tomato Sauce, Wholewheat Pasta & Vegetables

Gluten | Mustard

WEDNESDAY

Roast Chicken, Roast Potatoes with Mixed Vegetables & Gravy

Halal

THURSDAY

Cottage Pie with Peas & Sweetcorn

Halal

FRIDAY

Battered Fish, Chips & Peas

Gluten | Fish

Vegetarian Mains

Fajita Style Quorn & Tomato Nachos with Vegetable Rice

Meatless Balls in Tomato Sauce, Wholewheat Pasta & Vegetables

Gluten

Roast Quorn Fillet, Roast Potatoes with Mixed Vegetables & Gravy

Gluten

Quorn Cottage Pie with Peas & Sweetcorn

Cheesy Bean Wrap with Chips & Peas

Gluten | Milk

Jackets Sandwiches

Jacket Potato with Baked Beans & Side Salad

Chicken Salad Wrap with Nachos & Raisins

Halal

Gluten

Tuna Mayonnaise Sandwich with Nachos, Raisins & Side Salad

Gluten | Fish

Jacket Potato with Cheese & Side Salad

Milk

Jacket Potato, Baked Beans & Side Salad

Dessert

Peaches & Ice-Cream

Milk

Jelly & Fruit

Apple Cake

Gluten | Eggs

Chocolate & Orange Sponge Cake & Fruit Slices

Gluten | Eggs

Cherry Shortbread Cookie & Fruit Slices

Gluten | Sulphur Dioxide

Reduced Allergen

Mains

MONDAY

Fajita Style Chicken & Tomato Nachos with Vegetable Rice

Halal

TUESDAY

Beef and Pork Meatballs in Tomato Sauce, Penne Pasta & Vegetables

Gluten | Mustard

WEDNESDAY

Roast Chicken, Roast Potatoes with Mixed Vegetables & Gravy

Halal

THURSDAY

Cottage Pie with Peas & Sweetcorn

Halal

FRIDAY

Battered Fish, Chips & Peas

Fish

Vegetarian Mains

Fajita Style Quorn & Tomato Nachos with Vegetable Rice

Meatless Balls in Tomato Sauce, Penne Pasta & Vegetables

Gluten

Quorn Cottage Pie with Peas & Sweetcorn

Cheesy Bean Wrap with Chips & Peas

Gluten

Jackets Sandwiches

Jacket Potato with Baked Beans & Side Salad

Chicken Salad Bap with Nachos & Raisins

Halal

Tuna Mayonnaise Bap with Nachos, Raisins & Side Salad

Fish

Jacket Potato with Violife Cheese & Side Salad

Jacket Potato, Baked Beans & Side Salad

Dessert

Smoothies

Jelly & Fruit

Free From Cake

Free From Cake

Free From Cookie & Fruit Slices

AUTUMN & WINTER SCHOOL MENU

**Standard
Menu**

**Fresh Bread, Fresh Fruit
& Yoghurt Available Daily**

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Westcountry Burger, Potato Wedges & Sweetcorn Gluten Sulphur Dioxide	Chicken, Tomato & Pesto Wholewheat Pasta Bake with Vegetables Gluten Milk	Toad In The Hole with Mixed Vegetables & Gravy Gluten Milk Eggs	Beef Lasagne, Crusty Bread & Peas Halal Gluten Milk	Fish Fingers, Chips & Peas Fish
Vegetarian Mains	Quorn Southern Style Burger, Potato Wedges & Sweetcorn Gluten	Tomato, Bean & Pesto Wholewheat Pasta Bake with Vegetables Gluten Milk	Quorn Toad In The Hole with Mixed Vegetables & Gravy Gluten Milk Eggs	Bean and Vegetable Lasagne, Crusty Bread & Peas Gluten Milk Eggs	Vegan Fishless Fingers, Chips & Peas Gluten Soya
Jackets Sandwiches	Jacket Potato with Baked Beans & Side Salad	Cheddar Cheese & Cucumber Sandwich with Nachos & Raisins Gluten Milk	Jacket Potato with Tuna Mayonnaise & Side Salad Fish	Cheese Salad Bap with Nachos & Raisins Gluten Milk	Chicken Salad Wrap with Nachos & Raisins Halal Gluten
Dessert	Ice Cream Pots Milk	Chocolate Flavoured Flapjack & Fruit Slices	Carrot Cake & Fruit Slices Gluten Eggs	Apple Crumble & Custard Gluten Milk	Banana Bread Cookie & Fruit Slices Gluten Eggs

Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Beef Bolognese & Wholewheat Pasta with Vegetables Halal Gluten	Hot Dog, Wedges & Sweetcorn Gluten	Roast Chicken, New Potatoes with Mixed Vegetables & Gravy Halal	Winter Chicken Casserole, Mash Potato & Seasonal Vegetables Halal	Fish Fingers, Chips & Baked Beans Fish
Vegetarian Mains	Vegetable & Quorn Bolognese with Wholewheat Pasta & Vegetables Gluten Eggs	Quorn Hot Dog, Wedges & Sweetcorn Gluten	Roast Quorn Fillet, New Potatoes with Mixed Vegetables & Gravy Gluten	Winter Vegetable Casserole, Mash Potato & Seasonal Vegetables	Veggie Dippers, Chips & Baked Beans Gluten
Jackets Sandwiches	Cheese Salad Bap with Nachos & Raisins Gluten Milk	Jacket Potato with Baked Beans, Cheese & Side Salad Milk	Jacket Potato with Tuna Mayonnaise & Side Salad Fish	Ham & Tomato Salad Bap with Nachos & Raisins Gluten	Jacket Potato with Cheese & Side Salad Milk
Dessert	Fruit Salad & Ice Cream Milk	Baked Pineapple Sponge Gluten Eggs	Citrus & Berry Cake & Fruit Slices Gluten Eggs	Peach & Berry Crumble with Custard Gluten Milk	Lemon Shortbread Biscuit & Fruit Slices Gluten

Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Fajita Style Chicken & Tomato Nachos with Vegetable Rice Halal	Beef and Pork Meatballs in Tomato Sauce, Wholewheat Pasta & Vegetables Gluten Mustard	Roast Chicken, Roast Potatoes with Mixed Vegetables & Gravy Halal	Cottage Pie with Peas & Sweetcorn Halal	Battered Fish, Chips & Peas Gluten Fish
Vegetarian Mains	Fajita Style Quorn & Tomato Nachos with Vegetable Rice	Meatless balls in Tomato Sauce, Wholewheat Pasta & Vegetables Gluten	Roast Quorn Fillet, Roast Potatoes with Mixed Vegetables & Gravy Gluten	Quorn Cottage Pie with Peas & Sweetcorn	Cheesy Bean Wrap with Chips & Peas Gluten Milk
Jackets Sandwiches	Jacket Potato with Baked Beans & Side Salad	Chicken Salad Wrap with Nachos & Raisins Halal Gluten	Tuna Mayonnaise Bap with Nachos, Raisins & Side Salad Gluten Fish	Jacket Potato with Cheese & Side Salad Milk	Jacket Potato, Baked Beans & Side Salad
Dessert	Peaches & Ice-Cream Milk	Jelly & Fruit	Apple Cake Gluten Eggs	Chocolate & Orange Sponge Cake & Fruit Slices Gluten Eggs	Cherry Shortbread Cookie & Fruit Slices Gluten Sulphur Dioxide

AUTUMN & WINTER SCHOOL MENU

**Reduced
Allergen**

**Fresh Bread, Fresh Fruit
& Yoghurt Available Daily**

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Westcountry Beef Burger, Potato Wedges & Sweetcorn Sulphur Dioxide	Chicken, Tomato & Pesto Pasta Bake with Vegetables	Westcountry Sausages, Mash Potato, Vegetables & Gravy	Beef & Tomato Gratin with Peas Halal	Salmon Fish Fingers, Chips & Peas Fish
Vegetarian Mains	Quorn Southern Style Burger, Potato Wedges & Sweetcorn Gluten	Tomato, Bean & Pesto Pasta Bake with Vegetables	Quorn Sausage, Mash Potato, Vegetables & Gravy Gluten	Bean & Tomato Gratin with Peas	Vegan Fishless Fingers, Chips & Peas Gluten Soya
Jackets Sandwiches	Jacket Potato with Baked Beans & Side Salad	Violife Cheese & Cucumber Sandwich with Nachos & Raisins Eggs	Jacket Potato with Tuna Mayonnaise & Side Salad Fish	Violife Cheese Salad Bap with Nachos & Raisins	Chicken Salad Bap With Nachos & Raisins Halal
Dessert	Orange & Mango Smoothie	Chocolate Flavoured Flapjack & Fruit Slices	Free From Cake	Apple Crumble	Free From Cookie & Fruit Slices

Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Beef Bolognese Pasta with Vegetables Halal	Hot Dog, Wedges & Sweetcorn	Roast Chicken, New Potatoes with Mixed Vegetables & Gravy Halal	Winter Chicken Casserole, Mash Potato & Seasonal Vegetables Halal	Fish Fingers, Chips & Baked Beans Fish
Vegetarian Mains	Vegetable & Quorn Bolognese Pasta with Vegetables	Quorn Hot Dog, Wedges & Sweetcorn Gluten	Roast Quorn Fillet, New Potatoes with Mixed Vegetables & Gravy Gluten	Winter Vegetable Casserole, Mash Potato & Seasonal Vegetables	Veggie Dippers, Chips & Baked Beans Gluten
Jackets Sandwiches	Violife Cheese Salad Bap with Nachos & Raisins	Jacket Potato with Baked Beans, Violife Cheese & Side Salad	Jacket Potato with Tuna Mayonnaise & Side Salad Fish	Ham & Tomato Salad Bap with Nachos & Raisins	Jacket Potato with Violife Cheese & Side Salad
Dessert	Fruit Salad	Free From Cake	Free From Cake	Peach & Berry Crumble	Free From Cookie & Fruit Slices

Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Fajita Style Chicken & Tomato Nachos with Vegetable Rice Halal	Beef and Pork Meatballs in Tomato Sauce, Penne Pasta & Vegetables Gluten Mustard	Roast Chicken, Roast Potatoes with Mixed Vegetables & Gravy Halal	Cottage Pie with Peas & Sweetcorn Halal	Battered Fish, Chips & Peas Fish
Vegetarian Mains	Fajita Style Quorn & Tomato Nachos with Vegetable Rice	Meatless balls in Tomato Sauce, Penne Pasta & Vegetables Gluten	Roast Quorn Fillet, Roast Potatoes with Mixed Vegetables & Gravy Gluten	Quorn Cottage Pie with Peas & Sweetcorn	Cheesy Bean Wrap with Chips & Peas Gluten
Jackets Sandwiches	Jacket Potato with Baked Beans & Side Salad	Chicken Salad Bap with Nachos & Raisins Halal	Tuna Mayonnaise Bap with Nachos, Raisins & Side Salad Fish	Jacket Potato with Violife Cheese & Side Salad	Jacket Potato, Baked Beans & Side Salad
Dessert	Smoothies	Jelly & Fruit	Free From Cake	Free From Cake	Free From Cookie & Fruit Slices