AUTUMN & WINTER SCHOOL MENU

huish RICHARD HUISH

Fresh Bread, Fresh Fruit & Yoghurt Available Daily

Week 1

Standard Menu	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Westcountry Burger, Potato Wedges & Sweetcorn Gluten | Sulphur Dioxide	Chicken, Tomato & Pesto Wholewheat Pasta Bake with Vegetables Gluten | Milk	Toad In The Hole with Mixed Vegetables & Gravy Gluten | Milk | Eggs	Beef Lasagne, Crusty Bread & Peas Halal Gluten | Milk	Fish Fingers, Chips & Peas Fish
Vegetarian Mains	Quorn Southern Style Burger, Potato Wedges & Sweetcorn Gluten	Tomato, Bean & Pesto Wholewheat Pasta Bake with Vegetables Gluten | Milk	Quorn Toad In The Hole with Mixed Vegetables & Gravy Gluten | Milk | Eggs	Bean and Vegetable Lasagne, Crusty Bread & Peas Gluten | Milk | Eggs	Vegan Fishless Fingers, Chips & Peas Gluten | Soya
Jackets Sandwiches	Jacket Potato with Baked Beans & Side Salad	Cheddar Cheese & Cucumber Sandwich with Nachos & Raisins Gluten | Milk	Jacket Potato with Tuna Mayonnaise & Side Salad Fish	Cheese Salad Bap with Nachos & Raisins Gluten | Milk	Chicken Salad Wrap with Nachos & Raisins Halal Gluten
Dessert	Ice Cream Pots Milk	Chocolate Flavoured Flapjack & Fruit Slices	Carrot Cake & Fruit Slices Gluten | Eggs	Apple Crumble & Custard Gluten | Milk	Banana Bread Cookie & Fruit Slices Gluten | Eggs

Week 2

Reduced Allergen	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Westcountry Beef Burger, Potato Wedges Sweetcorn Sulphur Dioxide	Chicken, Tomato & Pesto Pasta Bake with Vegetables	Westcountry Sausages, Mash Potato, Vegetables & Gravy	Beef & Tomato Gratin with Peas Halal	Salmon Fish Fingers, Chips & Peas Fish
Vegetarian Mains	Quorn Southern Style Burger, Potato Wedges Sweetcorn Gluten	Tomato, Bean & Pesto Pasta Bake with Vegetables	Quorn Sausage, Mash Potato, Vegetables & Gravy Gluten	Bean & Tomato Gratin with Peas	Vegan Fishless Fingers, Chips & Peas Gluten | Soya
Jackets Sandwiches	Jacket Potato with Baked Beans & Side Salad	Violife Cheese & Cucumber Sandwich with Nachos & Raisins Eggs	Jacket Potato with Tuna Mayonnaise & Side Salad Fish	Violife Cheese Salad Bap with Nachos & Raisins	Chicken Salad Bap With Nachos & Raisins Halal
Dessert	Orange & Mango Smoothie	Chocolate Flavoured Flapjack & Fruit Slices	Free From Cake	Apple Crumble	Free From Cookie & Fruit Slices

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Plan of balanced, tasty meals for children.

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Week 2

Standard Menu	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Beef Bolognese & Wholewheat Pasta with Vegetables Halal Gluten	Hot Dog, Wedges & Sweetcorn Gluten	Roast Chicken, New Potatoes with Mixed Vegetables & Gravy Halal	Winter Chicken Casserole, Mash Potato & Seasonal Vegetables Halal	Fish Fingers, Chips & Baked Beans Fish
Vegetarian Mains	Vegetable & Quorn Bolognese with Wholewheat Pasta & Vegetables Gluten | Eggs	Quorn Hot Dog, Wedges & Sweetcorn Gluten	Roast Quorn Fillet, New Potatoes with Mixed Vegetables & Gravy Gluten	Winter Vegetable Casserole, Mash Potato & Seasonal Vegetable	Veggie Dippers, Chips & Baked Beans Gluten
Jackets Sandwiches	Cheese Salad Bap with Nachos & Raisins Gluten | Milk	Jacket Potato with Baked Beans, Cheese & Side Salad Milk	Jacket Potato with Tuna Mayonnaise & Side Salad Fish	Ham & Tomato Salad Bap with Nachos & Raisins Gluten	Jacket Potato with Cheese & Side Salad Milk
Dessert	Fruit Salad & Ice Cream Milk	Baked Pineapple Sponge Gluten | Eggs	Citrus & Berry Cake & Fruit Slices Gluten | Eggs	Peach & Berry Crumble with Custard Gluten | Milk	Lemon Shortbread Biscuit & Fruit Slices Gluten

Reduced Allergen	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Beef Bolognese Pasta with Vegetables Halal	Hot Dog, Wedges & Sweetcorn	Roast Chicken, New Potatoes with Mixed Vegetables & Gravy Halal	Winter Chicken Casserole, Mash Potato & Seasonal Vegetables Halal	Fish Fingers, Chips & Baked Beans Fish
Vegetarian Mains	Vegetable & Quorn Bolognese Pasta with Vegetables	Quorn Hot Dog, Wedges & Sweetcorn Gluten	Roast Quorn Fillet, New Potatoes with Mixed Vegetables & Gravy Gluten	Winter Vegetable Casserole, Mash Potato & Seasonal Vegetables	Veggie Dippers, Chips & Baked Beans Gluten
Jackets Sandwiches	Violife Cheese Salad Bap with Nachos & Raisins	Jacket Potato with Baked Beans, Violife Cheese & Side Salad	Jacket Potato with Tuna Mayonnaise & Side Salad Fish	Ham & Tomato Salad Bap with Nachos & Raisins	Jacket Potato with Violife Cheese & Side Salad
Dessert	Fruit Salad	Free From Cake	Free From Cake	Peach & Berry Crumble	Free From Cookie & Fruit Slices

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Week 1

Standard Menu	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Fajita Style Chicken & Tomato Nachos with Vegetable Rice Halal	Beef and Pork Meatballs in Tomato Sauce, Wholewheat Pasta & Vegetables Gluten | Mustard	Roast Chicken, Roast Potatoes with Mixed Vegetables & Gravy Halal	Cottage Pie with Peas & Sweetcorn Halal	Battered Fish, Chips & Peas Gluten | Fish
Vegetarian Mains	Fajita Style Quorn & Tomato Nachos with Vegetable Rice	Meatless Balls in Tomato Sauce, Wholewheat Pasta & Vegetables Gluten	Roast Quorn Fillet, Roast Potatoes with Mixed Vegetables & Gravy Gluten	Quorn Cottage Pie with Peas & Sweetcorn Egg	Cheesy Bean Wrap with Chips & Peas Gluten | Milk
Jackets Sandwiches	Jacket Potato with Baked Beans & Side Salad	Chicken Salad Wrap with Nachos & Raisins Halal Gluten	Tuna Mayonnaise Sandwich with Nachos, Raisins & Side Salad Gluten | Fish	Jacket Potato with Cheese & Side Salad Milk	Jacket Potato, Baked Beans & Side Salad
Dessert	Peaches & Ice-Cream Milk	Jelly & Fruit	Apple Cake Gluten | Eggs	Chocolate & Orange Sponge Cake & Fruit Slices Gluten | Eggs	Cherry Shortbread Cookie & Fruit Slices Gluten | Sulphur Dioxide

Week 2

Reduced Allergen	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Fajita Style Chicken & Tomato Nachos with Vegetable Rice Halal	Beef and Pork Meatballs in Tomato Sauce, Penne Pasta & Vegetables Gluten | Mustard	Roast Chicken, Roast Potatoes with Mixed Vegetables & Gravy Halal	Cottage Pie with Peas & Sweetcorn Halal	Battered Fish, Chips & Peas Fish
Vegetarian Mains	Fajita Style Quorn & Tomato Nachos with Vegetable Rice	Meatless Balls in Tomato Sauce, Penne Pasta & Vegetables	Roast Quorn Fillet, Roast Potatoes with Mixed Vegetables & Gravy Gluten	Quorn Cottage Pie with Peas & Sweetcorn Egg	Cheesy Bean Wrap with Chips & Peas Gluten
Jackets Sandwiches	Jacket Potato with Baked Beans & Side Salad	Chicken Salad Bap with Nachos & Raisins Halal	Tuna Mayonnaise Bap with Nachos, Raisins & Side Salad Fish	Jacket Potato with Violife Cheese & Side Salad	Jacket Potato, Baked Beans & Side Salad
Dessert	Smoothies	Jelly & Fruit	Free From Cake	Free From Cake	Free From Cookie & Fruit Slices

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AUTUMN & WINTER SCHOOL MENU

Standard Menu

Fresh Bread, Fresh Fruit & Yoghurt Available Daily

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Westcountry Burger, Potato Wedges & Sweetcorn — Gluten | Sulphur Dioxide	Chicken, Tomato & Pesto Wholewheat Pasta Bake with Vegetables — Gluten | Milk	Toad In The Hole with Mixed Vegetables & Gravy — Gluten | Milk | Eggs	Beef Lasagne, Crusty Bread & Peas — Halal — Gluten | Milk	Fish Fingers, Chips & Peas — Fish
Vegetarian Mains	Quorn Southern Style Burger, Potato Wedges & Sweetcorn — Gluten	Tomato, Bean & Pesto Wholewheat Pasta Bake with Vegetables — Gluten | Milk	Quorn Toad In The Hole with Mixed Vegetables & Gravy — Gluten | Milk | Eggs	Bean and Vegetable Lasagne, Crusty Bread & Peas — Gluten | Milk | Eggs	Vegan Fishless Fingers, Chips & Peas — Gluten | Soya
Jackets Sandwiches	Jacket Potato with Baked Beans & Side Salad	Cheddar Cheese & Cucumber Sandwich with Nachos & Raisins — Gluten | Milk	Jacket Potato with Tuna Mayonnaise & Side Salad — Fish	Cheese Salad Bap with Nachos & Raisins — Gluten | Milk	Chicken Salad Wrap with Nachos & Raisins — Halal — Gluten
Dessert	Ice Cream Pots — Milk	Chocolate Flavoured Flapjack & Fruit Slices	Carrot Cake & Fruit Slices — Gluten | Eggs	Apple Crumble & Custard — Gluten | Milk	Banana Bread Cookie & Fruit Slices — Gluten | Eggs

Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Beef Bolognese & Wholewheat Pasta with Vegetables — Halal — Gluten	Hot Dog, Wedges & Sweetcorn — Gluten	Roast Chicken, New Potatoes with Mixed Vegetables & Gravy — Halal	Winter Chicken Casserole, Mash Potato & Seasonal Vegetables — Halal	Fish Fingers, Chips & Baked Beans — Fish
Vegetarian Mains	Vegetable & Quorn Bolognese with Wholewheat Pasta & Vegetables — Gluten | Eggs	Quorn Hot Dog, Wedges & Sweetcorn — Gluten	Roast Quorn Fillet, New Potatoes with Mixed Vegetables & Gravy — Gluten	Winter Vegetable Casserole, Mash Potato & Seasonal Vegetables	Veggie Dippers, Chips & Baked Beans — Gluten
Jackets Sandwiches	Cheese Salad Bap with Nachos & Raisins — Gluten | Milk	Jacket Potato with Baked Beans, Cheese & Side Salad — Milk	Jacket Potato with Tuna Mayonnaise & Side Salad — Fish	Ham & Tomato Salad Bap with Nachos & Raisins — Gluten	Jacket Potato with Cheese & Side Salad — Milk
Dessert	Fruit Salad & Ice Cream — Milk	Baked Pineapple Sponge — Gluten | Eggs	Citrus & Berry Cake & Fruit Slices — Gluten | Eggs	Peach & Berry Crumble with Custard — Gluten | Milk	Lemon Shortbread Biscuit & Fruit Slices — Gluten

Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Fajita Style Chicken & Tomato Nachos with Vegetable Rice — Halal	Beef and Pork Meatballs in Tomato Sauce, Wholewheat Pasta & Vegetables — Gluten | Mustard	Roast Chicken, Roast Potatoes with Mixed Vegetables & Gravy — Halal	Cottage Pie with Peas & Sweetcorn — Halal	Battered Fish, Chips & Peas — Gluten | Fish
Vegetarian Mains	Fajita Style Quorn & Tomato Nachos with Vegetable Rice	Meatless balls in Tomato Sauce, Wholewheat Pasta & Vegetables — Gluten	Roast Quorn Fillet, Roast Potatoes with Mixed Vegetables & Gravy — Gluten	Quorn Cottage Pie with Peas & Sweetcorn — Egg	Cheesy Bean Wrap with Chips & Peas — Gluten | Milk
Jackets Sandwiches	Jacket Potato with Baked Beans & Side Salad	Chicken Salad Wrap with Nachos & Raisins — Halal — Gluten	Tuna Mayonnaise Bap with Nachos, Raisins & Side Salad — Gluten | Fish	Jacket Potato with Cheese & Side Salad — Milk	Jacket Potato, Baked Beans & Side Salad
Dessert	Peaches & Ice-Cream — Milk	Jelly & Fruit	Apple Cake — Gluten | Eggs	Chocolate & Orange Sponge Cake & Fruit Slices — Gluten | Eggs	Cherry Shortbread Cookie & Fruit Slices — Gluten | Sulphur Dioxide

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Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Westcountry Beef Burger, Potato Wedges & Sweetcorn Sulphur Dioxide	Chicken, Tomato & Pesto Pasta Bake with Vegetables	Westcountry Sausages, Mash Potato, Vegetables & Gravy	Beef & Tomato Gratin with Peas Halal	Salmon Fish Fingers, Chips & Peas Fish
Vegetarian Mains	Quorn Southern Style Burger, Potato Wedges & Sweetcorn Gluten	Tomato, Bean & Pesto Pasta Bake with Vegetables	Quorn Sausage, Mash Potato, Vegetables & Gravy Gluten	Bean & Tomato Gratin with Peas	Vegan Fishless Fingers, Chips & Peas Gluten | Soya
Jackets Sandwiches	Jacket Potato with Baked Beans & Side Salad	Violife Cheese & Cucumber Sandwich with Nachos & Raisins Eggs	Jacket Potato with Tuna Mayonnaise & Side Salad Fish	Violife Cheese Salad Bap with Nachos & Raisins	Chicken Salad Bap With Nachos & Raisins Halal
Dessert	Orange & Mango Smoothie	Chocolate Flavoured Flapjack & Fruit Slices	Free From Cake	Apple Crumble	Free From Cookie & Fruit Slices

Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Beef Bolognese Pasta with Vegetables Halal	Hot Dog, Wedges & Sweetcorn	Roast Chicken, New Potatoes with Mixed Vegetables & Gravy Halal	Winter Chicken Casserole, Mash Potato & Seasonal Vegetables Halal	Fish Fingers, Chips & Baked Beans Fish
Vegetarian Mains	Vegetable & Quorn Bolognese Pasta with Vegetables	Quorn Hot Dog, Wedges & Sweetcorn Gluten	Roast Quorn Fillet, New Potatoes with Mixed Vegetables & Gravy Gluten	Winter Vegetable Casserole, Mash Potato & Seasonal Vegetables	Veggie Dippers, Chips & Baked Beans Gluten
Jackets Sandwiches	Violife Cheese Salad Bap with Nachos & Raisins	Jacket Potato with Baked Beans, Violife Cheese & Side Salad	Jacket Potato with Tuna Mayonnaise & Side Salad Fish	Ham & Tomato Salad Bap with Nachos & Raisins	Jacket Potato with Violife Cheese & Side Salad
Dessert	Fruit Salad	Free From Cake	Free From Cake	Peach & Berry Crumble	Free From Cookie & Fruit Slices

Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Fajita Style Chicken & Tomato Nachos with Vegetable Rice Halal	Beef and Pork Meatballs in Tomato Sauce, Penne Pasta & Vegetables Gluten | Mustard	Roast Chicken, Roast Potatoes with Mixed Vegetables & Gravy Halal	Cottage Pie with Peas & Sweetcorn Halal	Battered Fish, Chips & Peas Fish
Vegetarian Mains	Fajita Style Quorn & Tomato Nachos with Vegetable Rice	Meatless balls in Tomato Sauce, Penne Pasta & Vegetables	Roast Quorn Fillet, Roast Potatoes with Mixed Vegetables & Gravy Gluten	Quorn Cottage Pie with Peas & Sweetcorn Egg	Cheesy Bean Wrap with Chips & Peas Gluten
Jackets Sandwiches	Jacket Potato with Baked Beans & Side Salad	Chicken Salad Bap with Nachos & Raisins Halal	Tuna Mayonnaise Bap with Nachos, Raisins & Side Salad Fish	Jacket Potato with Violife Cheese & Side Salad	Jacket Potato, Baked Beans & Side Salad
Dessert	Smoothies	Jelly & Fruit	Free From Cake	Free From Cake	Free From Cookie & Fruit Slices

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