

Week 1 – Autumn 1 Menu 2025

Weeks commencing: 1st September, 22nd September, 13th October

Monday 1. Chicken Tikka Masala, Naan Bread (GLUTEN - WHEAT), Wholegrain Rice, Green Beans. V. Sweet Potato and Red Pepper Tikka Masala, Naan Bread (GLUTEN-WHEAT), Wholegrain Rice and Green Beans. 2. Ham Salad Sandwich (GLUTEN-WHEAT, RYE, BARLEY, OATS), Nachos and Raisins A. Ice Cream Pot (MILK) B. Fresh Fruit	Thursday 1. All Day Breakfast Pork Sausage (GLUTEN – WHEAT, SULPHITES), Hash Brown, Baked Beans, Roasted Tomato and Bread (GLUTEN – WHEAT, RYE, BARLEY, OATS) V. Vegan All Day Breakfast Quorn Vegan Sausage (GLUTEN – WHEAT), Hash Brown, Baked Beans, Roasted Tomato and Bread (GLUTEN – WHEAT, RYE, BARLEY, OATS) 2. Jacket Potato, Baked Beans, Cheese (MILK) and Mixed Salad A. Fruit Jelly B. Fresh Fruit
Tuesday 1. Beef Lasagne (MILK, GLUTEN-WHEAT, EGG) Crusty Bread (GLUTEN-WHEAT) ,Peas V. Quorn mince lasagne(MILK, GLUTEN-WHEAT, EGG) ,Crusty Bread[GLUTEN_WHEAT]and Peas. 2. Jacket Potato, Baked Beans and Mixed Salad A. Chocolate Cornflake Cake (GLUTEN-WHEAT, RYE, OATS, BARLEY) with Orange Slices B. Fresh Fruit	Friday 1. Salmon Fish Cake (GLUTEN – WHEAT), Chips, Peas and Ketchup. V. Vegan Fishless Fingers (GLUTEN – WHEAT), Chips, Peas and Ketchup. 2. Cheese Ploughman's. Cheddar Cheese (MILK), Boiled Egg (EGG), Crusty Bread (GLUTEN – WHEAT), Tomato Chutney (MUSTARD) and Mixed Salad. A. Crunchy Vanilla Cookie (GLUTEN – WHEAT) & Fruit Slice B. Fresh Fruit
Wednesday 1. Roast Chicken, Mashed Potatoes, Seasonal Vegetables and Gravy. V. Cheese and Onion Slice (GLUTEN – WHEAT, MILK), Mashed Potatoes and Seasonal Vegetables and Gravy. 2. Tuna Mayo and Cucumber Baguette (GLUTEN – WHEAT, FISH), Nachos and Raisins. A. Lemon and Blueberry Drizzle Cake (GLUTEN – WHEAT, EGGS) B. Fresh Fruit	Yogurt (MILK) and Bread (GLUTEN – WHEAT, RYE, BARLEY, OATS) available Daily

Week 2 – Autumn 1 Menu 2025

Weeks commencing: 8th September, 29th September, 20th October

Monday 1. Sweet and Sour Chicken& Rice Noodles with Broccoli V. Sweet and Sour Vegan Quorn (GLUTEN – WHEAT) Rice Noodles with Broccoli 2. Jacket Potato, Cheese (MILK) and Mixed Salad. 1. Frozen Fruity Mousse (MILK) 2. Fresh Fruit	Thursday 1. Pork Sausage (GLUTEN – WHEAT, SULPHITES), Potato Croquettes (GLUTEN – WHEAT) and Baked Beans. V. Quorn Vegan Sausage (GLUTEN – WHEAT), Potato Croquettes (GLUTEN – WHEAT) and Baked Beans. 2. Cucumber and Red Pepper Pesto Pasta (GLUTEN – WHEAT) served with Crusty Bread (GLUTEN – WHEAT) A. Peach Melba Waffle (GLUTEN – WHEAT, MILK, EGG, SOYA) B. Fresh Fruit
Tuesday 1. Mild Beef Chilli, Wholegrain Rice and Green Beans. v. Mild Vegan Chilli (EGG), Wholegrain Rice and Green Beans 2. Tuna Mayo Brown Bread Sandwich (GLUTEN – WHEAT, OATS, BARLEY, RYE, FISH), Nachos, Raisins. A. Apple Crumble (GLUTEN – WHEAT, OATS, BARLEY) and Cream (MILK) B. Fresh Fruit	Friday 1.Breaded White Fish (GLUTEN – WHEAT, BARLEY, FISH), Chips, Peas and Ketchup. V. Plant based Wings (GLUTEN – WHEAT, SOYA), Chips, Peas and Ketchup. 2.Ham and Egg Salad. Gammon Ham, Boiled Egg (EGG), Potato Salad, Mixed Salad and Crackers (GLUTEN – WHEAT) A. Cherry Shortbread (GLUTEN – WHEAT, SULPHITES) B. Fresh Fruit
Wednesday 1. Roast Chicken, Roast Potatoes, Seasonal Vegetables and Gravy. V. Cauliflower Cheese, (GLUTEN – WHEAT, MILK), Roast Potatoes, Seasonal Vegetables and Gravy. 2. Jacket Potato, Baked Beans and Mixed Salad. 1. Chocolate and Beetroot Brownie (GLUTEN – WHEAT, EGG) 2. Fresh Fruit	

Week 3 – Autumn 1 Menu 2025

Weeks commencing: 15th September, 6th October

Monday 1. Chicken Burger (GLUTEN – WHEAT), Sauteed Potatoes and Cucumber Sticks. V Vegan Burger (Quorn Vegan Buttermilk Style) (GLUTEN – WHEAT), Saute Potatoes and Cucumber Sticks. 2. Cheese and Cucumber Wrap (GLUTEN – WHEAT, MILK), Nachos and Raisins. A. Frozen Raspberry Yogurt (MILK) B. Fresh Fruit	Thursday 1. Hawaiian Pizza (GLUTEN – WHEAT, SOYA, MILK, EGG), Sweetcorn and Mixed Salad V. Margherita Pizza (GLUTEN – WHEAT, SOYA, MILK, EGG), Sweetcorn and Mixed Salad. 2. Egg Mayo and Cress Brown Bread Sandwich (GLUTEN – WHEAT, BARLEY, OATS, RYE, EGG), Nachos and Raisins. A. Chocolate and Banana Cake (GLUTEN – WHEAT, EGGS) B. Fresh Fruit
Tuesday 1. Pork Meatballs (GLUTEN – WHEAT), Wholewheat Fusilli Pasta (GLUTEN – WHEAT) and Peas. V. Meatless Meatballs (SOYA), Wholewheat Fusilli Pasta (GLUTEN – WHEAT) and Peas. 2. Coronation Chicken and lettuce wrap (GLUTEN – WHEAT) with and Raisins and nachos A. Angel Delight (MILK) with Fruit Slices B. Fresh Fruit	Friday 1. Cod Fish Fingers (GLUTEN – WHEAT, FISH), Chips, Baked Beans and Ketchup. V. Vegan Quorn Nuggets (GLUTEN – WHEAT), Chips, Baked Beans and Ketchup. 2. Jacket Potato, Cheese (MILK), Baked Beans and Salad. A. Apple Flapjack (GLUTEN – WHEAT, OATS, BARLEY) B. Fresh Fruit
Wednesday 1. Roast Gammon, New Potatoes, Seasonal Vegetables and Gravy. V. Vegan Quorn Fillet (GLUTEN – WHEAT), New Potatoes, Seasonal Vegetables and Gravy. 2. Jacket Potato, Baked Beans and Mixed Salad. A. Blueberry Cupcakes (GLUTEN- WHEAT, EGGS) B. Fresh Fruit	