

Week 1 – Autumn 1 Menu 2025 ALLERGEN

Weeks commencing: 1st September, 22nd September, 13th October

Monday 1. Chicken Tikka Masala, Gluten Free Vegan Brioche Roll, Wholegrain Rice, Green Beans. V. Sweet Potato and Red Pepper Tikka Masala, Gluten Free Vegan Brioche Roll, Wholegrain Rice and Green Beans. 2. Ham Salad Gluten Free Vegan Brioche Roll, Nachos and Raisins A. Frozen Fruit Smoothie B. Fresh Fruit	Thursday 1. All Day Breakfast Pork Sausage (SULPHITES), Hash Brown, Baked Beans, Roasted Tomato and Gluten Free Vegan Brioche Roll V. Vegan All Day Breakfast Quorn Vegan Sausage (GLUTEN – WHEAT), Hash Brown, Baked Beans, Roasted Tomato and Gluten Free Vegan Brioche Roll 2. Jacket Potato, Baked Beans, Vegan Cheese and Mixed Salad A. Fruit Jelly B. Fresh Fruit
Tuesday 1. Beef Bolognese , Gluten Free Pasta and Peas, sub roll. V. Quorn Bolognese (EGG) in a Tomato and Basil Sauce, Gluten Free Pasta and Peas, sub roll. 2. Jacket Potato, Baked Beans and Mixed Salad A. No added Allergen Cake B. Fresh Fruit	Friday 1. Gluten Free Breaded Fish (FISH), Chips and Peas. V. Vegan fishless fingers (GLUTEN – WHEAT), Chips and Peas. 2. Cheese Ploughman's. Vegan Cheese, Boiled Egg (EGG), Gluten Free Vegan Brioche Roll, Tomato Chutney (MUSTARD) and Mixed Salad. A. No Added Allergen Cookie B. Fresh Fruit
Wednesday 1. Roast Chicken, Mashed Potatoes, Seasonal Vegetables and Gravy. V. Cheese and Onion Slice (GLUTEN – WHEAT) Mashed Potatoes and Seasonal Vegetables and Gravy. 2. Tuna Mayo and Cucumber Gluten Free Vegan Brioche Roll (FISH), Nachos and Raisins. A. No added Allergen Cake B. Fresh Fruit	Yogurt (SOYA) and Bread (Gluten Free Vegan Brioche Roll) available Daily

Week 2 – Autumn 1 Menu 2025 ALLERGEN

Weeks commencing: 8th September, 29th September, 20th October

Monday 1. Sweet and Sour Chicken Rice Noodles with Broccoli V. Sweet and Sour Vegan Quorn (GLUTEN – WHEAT) Rice Noodles with Broccoli 2. Jacket Potato, Vegan Cheese and Mixed Salad. 1. Frozen Fruit Smoothie 2. Fresh Fruit	Thursday 1. Pork Sausage (SULPHITES), Baked Jacket Wedges and Baked Beans. V. Quorn Vegan Sausage (GLUTEN – WHEAT), Baked Jacket Wedges and Baked Beans. 2. Cucumber and Red Pepper Gluten Free Pesto Pasta served with Gluten Free Vegan Brioche Roll A. Peach Melba Cake B. Fresh Fruit
Tuesday 1. Mild Beef Chilli, Rice and Green Beans. v. Mild Vegan Chilli (EGG), Rice and Green Beans 2. Tuna Mayo Gluten Free Vegan Brioche Roll (FISH), Nachos, Raisins. A. Apple Crumble and Vegan Cream B. Fresh Fruit	Friday 1. Gluten Free Breaded Fish (FISH), Chips, Peas and Ketchup. V. Plant based wings, (GLUTEN – WHEAT, SOYA), Chips, Peas and Ketchup. 2. Ham and Egg Salad. Gammon Ham, Boiled Egg (EGG), Potato Salad, Mixed Salad and Gluten Free Vegan Brioche Roll. A. No Added Allergen Cookie B. Fresh Fruit
Wednesday 1. Roast Chicken, Roast Potatoes, Seasonal Vegetables and Gravy. V. Cauliflower cheese, Roast Potatoes, Seasonal Vegetables and Gravy. 2. Jacket Potato, Baked Beans and Mixed Salad. 1. No added Allergen Cake 2. Fresh Fruit	Yogurt (SOYA) and Bread (Gluten Free Vegan Brioche Roll) available Daily

Week 3 – Autumn 1 Menu 2025 ALLERGEN

Weeks commencing: 15th September, 6th October

Monday 1. Chicken Breast Burger with Gluten Free Vegan Brioche Roll, Sauteed Potatoes and Cucumber Sticks. V Vegan Burger (Quorn Vegan Buttermilk Style) (GLUTEN – WHEAT), Sauteed Potatoes and Cucumber Sticks. 2. Vegan Cheese and Cucumber Gluten Free Vegan Brioche Roll, Nachos and Raisins. A. Frozen Fruit Smoothie B. Fresh Fruit	Thursday 1. Hawaiian Pizza (Gluten Free Vegan Brioche Base and Vegan Cheese, Sweetcorn and Mixed Salad V. Margherita Pizza (Gluten Free Vegan Brioche Base and Vegan Cheese), Sweetcorn and Mixed Salad. 2. Egg Mayo and Cress Gluten Free Vegan Brioche Roll (EGG), Nachos and Raisins. A. No Added Allergen Cake B. Fresh Fruit
Tuesday 1.Pork meatballs[SULPHITES], Gluten Free Pasta, Gluten Free Vegan, Brioche Roll and Peas. V. Meatless Meatballs [SOYA], Gluten Free Vegan Brioche Roll and Peas. 2.Coronation Chicken and lettuce Gluten Free Vegan Brioche Roll with nachos and Raisins A. Yogurt (SOYA) with Fruit Slices B. Fresh Fruit	Friday 1. Gluten Free Breaded Fish (FISH), Chips, Baked Beans and Ketchup. V. Vegan Quorn Nuggets (GLUTEN – WHEAT), Chips, Baked Beans and Ketchup. 2. Jacket Potato, Vegan Cheese, Baked Beans and Salad. A. No Added Allergen Cookie B. Fresh Fruit
Wednesday 1. Roast Gammon, New Potatoes, Seasonal Vegetables and Gravy. V. Vegan Quorn fillets [WHEAT] , New Potatoes, Seasonal Vegetables and Gravy. 2. Jacket Potato, Baked Beans and Mixed Salad. A. No Added Allergen Cake B. Fresh Fruit	Yogurt (SOYA) and Bread (Gluten Free Vegan Brioche Roll) available Daily