



# North Curry C of E Primary School and Little Herons Nursery Bottle Feeding and Breast Milk policy



Signed by: \_\_\_\_\_ Headteacher

Date: \_\_\_\_\_

\_\_\_\_\_ Chair of governors

Date: \_\_\_\_\_

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## Introduction

Richard Huish Trust (the Trust) provides governance and oversight to those Academies which are part of the Trust namely: The Taunton Academy, West Buckland Primary, North Curry CofE Primary and Little Herons Pre-school, Nerrols Primary and Nursery, North Town Primary and Nursery and Lyngford Park Primary and Nursery.

This Policy applies to North Curry Primary School, Little Herons Pre-school and Summer Club.

## 1. Policy Name

Bottle and breast feeding Policy

## 2. Statement of intent

At North Curry CE Primary School:

We believe that every child is unique and valued. We aim to provide an environment in which all pupils feel safe and can flourish. We will respond to individuals in ways which take into account their varied life experiences and particular needs. We are committed to providing an education with aspirational outcomes, which enables all pupils to make progress, become confident individuals living life in all its fullness (John 10,10).

In our school our Christian vision shapes all we do. Our vision is underpinned by the Christian values of Koinonia, Kindness, Respect, Joy, Hope and Happiness.



## **Bottle Feeding and Breast Milk in The Nursery**

### **Formula milk:**

Parents are asked to provide a sterilised bottle for each feed and pre-measure the formula powder into a container. Please label the pot clearly with the child's name and quantity of powder (eg 6 scoops) to ensure that staff are making the bottle correctly. Nursery staff will follow the parents' instructions when making up bottles for children. We require written documentation of amounts and instructions.

On arrival, all bottles and beakers are to be placed in the cupboard in the kitchen.

Bottles should be given at the times agreed with the parent bearing the child's immediate needs in mind. The timing of feeds is to be agreed with the parent during daily handover discussions.

**Parents must ensure that the container is sterilized before re-use.  
DO NOT heat breast milk on the stove or in the microwave.**

### **Warming Formula Milk**

Formula milk is to be warmed to a suitable body temperature (37c) to take the 'edge' off the milk by placing it in a jug of hot water.

The milk is then to be checked for temperature to ensure that the milk is cool enough for the baby to drink, using a temperature probe. This temperature is recorded.

The quantity of milk consumed by the child is recorded on Family.

The temperature of the milk is to be checked and recorded by a member of staff using a milk/food temperature probe before the bottle is given to the child unless the parent advises staff to offer a bottle cold.

If refused, the bottle will be offered to the baby again at 10-15-minute intervals. Bottles will be discarded after 1 hour. Bottles are never re-heated.

In instances of ready - made milk, half of the carton can be used in the morning while the other half must be stored in the fridge, to be used in the afternoon. All opened cartons of milk must be discarded at the end of the day.

Ready-made formula already poured in a sterilised bottle on arrival, will be stored in the fridge and heated with a jug and hot water when ready for use.

### **Breast fed infants**

Breast milk should be brought to the Nursery in a sterilized bottle or in a sterile breast milk bag, suitable for the purpose of refrigerated storage and clearly marked with the infant's full name. Bottles will be returned to parents/carers at the end of each nursery day. The containers will be washed but **not** sterilized.

Breast milk should be provided daily, unused milk will be discarded at the end of each feed.

### **General Handling**

**Staff will ensure that the following Policy is strictly adhered to;**

Breast milk is to be kept sterile at all times  
DO NOT leave breast milk at room temperature for more than 1 hour  
DO NOT heat breast milk on the stove or in the microwave

### **Nursery Breast Milk Procedures**

**The following procedures are to be used by all staff handling, storing or using breast milk to feed an infant:**

#### **On Delivery:**

Ensure that the parent has provided the breast milk in an airtight bottle, clearly marked with the child's name and dated.

Breast milk is to be placed in the fridge.

Before feeding an infant with breast milk, ensure that:

A positive identification of the child is made, the date is checked and the correct breast milk is fed to the correct child.

Staff to ensure that they put on gloves and an apron when feeding a child breast milk

#### **Warming Breast Milk**

Breast milk is to be warmed to a suitable body temperature to take the 'edge' off the milk by placing it in a jug of hot water.

The milk is then to be checked for temperature to ensure that the milk is cool enough for the baby to drink, using a temperature probe.

DO NOT HEAT breast milk in the microwave.

Unused breast milk (in that bottle) is to be discarded after 1 hour

Record feed time and amount taken by the infant on Family

Discard gloves and apron

After final feed or at the end of the day discard all unused breast milk stored for that child.

#### **Hygiene**

Breast milk is a bodily fluid, which carries with it a (small) risk of infection and/or disease.

The Nursery Policy is to advise staff handling or carrying out the feeding of breast milk to protect themselves against the risks of infection by;

Implementing good hygiene practices

Using the PPE provided (advisable but not mandatory)

Avoiding actual contact with the breast milk

Only employees that hold a level 2 food hygiene certificate and have been suitably trained to feed infants by management will undertake feed preparation duties.

#### **Winding**

Infants should be winded during/after a bottle of milk. This will be guided by clues from the infant and from information from the parents.

Written in accordance with the *Statutory Framework for the Early Years Foundation Stage (2024):*

*Safeguarding and Welfare Requirements: Health [3.52 - 3.55] and*

[Help for early years providers : Food safety \(education.gov.uk\)](https://www.gov.uk/guidance/early-years-foundation-stage-2024)