



# North Curry C of E Primary School and Little Herons Nursery Intimate Care policy



Signed by:

*H Morley* Headteacher

G Slocombe Chair of governors

Date: 18<sup>th</sup> September 2024

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Review date: September 2025

## Statement of intent

At North Curry CE Primary School Summer Club:

We believe that every child is unique and valued. We aim to provide an environment in which all pupils feel safe and can flourish. We will respond to individuals in ways which take into account their varied life experiences and particular needs. We are committed to providing an education with aspirational outcomes, which enables all pupils to make progress, become confident individuals living life in all its fullness (John 10,10).

In our school our Christian vision shapes all we do. Our vision is underpinned by the Christian values of Koinonia, Kindness, Respect, Joy, Hope and Happiness.



Little Herons Nursery aims to support children's care and welfare daily in line with their individual needs. All children need contact with familiar, consistent carers to ensure they can grow confidently and feel self-assured. At times children need to be cuddled, encouraged, held and offered physical reassurance.

Intimate care routines are essential throughout the day to ensure children's basic needs are met. This may include nappy changing, supporting children with toileting, changing clothes where required, first aid treatment and specialist medical support.

In order to maintain the child's privacy, the majority of these actions will take place on a one-to-one basis and wherever possible will be supported by the child's key person or the identified 'significant other' with the exception of the first aid treatment that will be conducted by a qualified first aider.

We wish to ensure the safety and welfare of the children involved in intimate care routines and safeguard against any potential harm as well as ensuring the staff member involved is fully supported and able to perform their duties safely and confidently. Through the following actions we will endeavour to support all parties:

- ☐ Promote consistent and caring relationships through the key person system in the nursery and ensure all parents understand how this works
- ☐ Ensure all staff undertaking intimate care routines have suitable enhanced CRB checks

- ☐ Train all staff in the appropriate methods for intimate care routines and access specialist training where required, i.e. first aid training, specialist medical support, recording documentation
- ☐ Conduct thorough inductions for all new staff to ensure they are fully aware of all nursery procedures relating to intimate care routines
- ☐ Follow up on these procedures through supervision meetings and performance management to identify any areas for development or further training

We work closely with parents on all aspects of the child's care and education. This is essential for intimate care routines which require specialist training or support. If a child requires specific support the nursery will arrange a meeting with the parent to discover all the relevant information relating to this to enable the staff to care for the child fully and meet their individual needs

Little Herons Nursery will ensure all staff have an up-to-date understanding of safeguarding/child protection and how to protect children from harm. This will include identifying signs and symptoms of abuse and how to raise these concerns in the most appropriate and speedy manner

The setting operates a whistleblowing policy as a means for staff to raise concerns relating to their peers. The management team will support this by ensuring staff feel confident in raising worries as they arise to safeguard the children in the nursery.

## **Intimate Care Policy**

The management team regularly conducts working practice observations on all aspects of nursery operations to ensure that procedures are working in practice and all children are supported fully by the staff. This includes intimate care routines.

## **Toileting, Nappy Change and Bathroom Routines**

### **Nappy Changing**

- ☐ Nappy changing is a personal time and the child's privacy should be respected.
- ☐ Staff must wear appropriate PPE whenever changing a nappy.
- ☐ Changing time is an opportunity for a one-to-one relationship between the staff member and the child. It should be a positive, warm, caring experience, with the adult engaging in conversation with the child, making eye contact and interacting with the child throughout the task.
- ☐ This routine should be carried out in a relaxed, reassuring and unhurried manner that will, encourage children to feel safe.
- ☐ The changing areas has the following.
  - Baby wipes
  - Disposable gloves/aprons
  - Disinfectant spray / Disposable roll wipe

## Nappy Changing Procedure

- ☐ Staff wear disposable gloves and aprons when appropriate.
- ☐ Children maybe changed at a changing station or on a changing mat on the floor, whichever the staff member and/or child feels comfortable with.
- ☐ Children **MUST NEVER** be left unattended on the changing stations. The staff member must physically have contact with the child throughout the nappy changing process.
- ☐ Nappies should be removed, retaining any soil matter within the nappy, secure the existing sticky tapes. The nappy must be placed into a small nappy sack then placed into the nappy disposal unit provided.
- ☐ nappy cream can be administered by carers if needed and discussed with parents.
- ☐ The change area must be tidied and sterilized using the disinfectant spray and disposable roll wipe.
- ☐ Staff should remove the disposable gloves/apron and must wash their own hands before returning to the play area. Disposable gloves must not be reused.

## Toilet Training

Toilet training should be discussed with the parents on admission and when this is appropriate for the child.

Potty training should be a 'fun time' for the child, never stressful, and children should never be reprimanded for having 'accidents' at any time.

Potties should be rinsed and washed after every use, using spray disinfectant and disposable wipe roll.

## Toileting

How we support young children's independency and help in accessing bathrooms, managing their own care routines.

- ☐ When able, children are encouraged to visits the bathrooms independently
- ☐ Staff always remain vigilant and close enough to support as and when needed.
- ☐ We are sensitive to children's toilet accidents; wet clothing will be placed in a nappy sack and in the child bag. Children will be changed in privacy.

Written in accordance with the *Statutory Framework for the Early Years Foundation Stage (2024): Safeguarding and Welfare Requirements: Health [3.52 - 3.55]*