Little Herons Nursery

6.0 Health

6.1 Nappy Changing

(including intimate care and toileting)

Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents/carers towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures

- Key persons are responsible for ensuring that their key children are changed as required (in the absence of the key person it will be the Manager or the Deputy).

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- We encourage young children from two years to normally wear pull ups, or other types of trainer pants, as soon as they are comfortable with this and if their parents agree.

- Our changing area is warm with a safe area to lay children and no bright lights shining down in their eyes, if they need to have their bottoms cleaned.

- Gloves and aprons are put on before changing starts and the areas are prepared.

- The changing unit is then sprayed with disinfectant.

- Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat.

- The staff member always washes their hands after the removal of gloves.

- All staff are familiar with the hygiene procedures and carry these out when changing nappies/young children who are wet or soiled.

- In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.

- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.

- They should be encouraged to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.

- Key persons are gentle when changing; they avoid pulling faces and making negative comments about 'nappy contents'.

- Key persons do not make inappropriate comments about children's genitals when changing their nappies

- Older children access the toilet when they have the need to and are encouraged to be independent. Negative comments are not expressed when older children have a toileting accident.

- Staff are always on hand to positively support older children to wipe their own bottoms, children who are unable or not ready to do this for whatever reason are

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supported by their key person (or the Manager or Deputy in the absence of the key person).

- Nappies and 'pull ups' are disposed of hygienically. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged for the parent to take home.
- If young children are left in wet or soiled nappies/'pull ups' in the Nursery this will constitute as neglect and will be fully investigated and will become a disciplinary matter. Everyone at the setting has a 'duty of care' towards children's personal care needs.
- Generally supply/bank staff are not permitted to undertake any personal care of the children, for example, changing nappies/pull ups. This is to ensure that all of our children attending the Nursery are receiving consistent childcare from staff that are well known to them. However, in some cases qualified bank staff that are regularly used by the Nursery (i.e. without a 5 week break in service) and are therefore considered well known to the children, may be permitted to undertake personal care of the children, at the discretion of the Manager.

Signed: HMorley   **Head teacher**

Signed: G Slocombe   **Chair of Governors**

Date Approved: September 2024

To be reviewed in: September 2025