



PE Curriculum

We follow the National Curriculum as set out below to ensure consistency, support children to progress well and be ready for the next stage of their education and inform them how to live a healthy lifestyle. Our PE curriculum equips children with skills and knowledge about working together in teams, improve understanding of skills across the PE curriculum. Furthermore, key learning to understand how to live a healthy lifestyle.

The coverage below allows our family of schools to work collaboratively. Each school can plan and deliver each unit in their own way using resources of their choice. Beyond the content outlined below, each school has the flexibility to plan and deliver their own units of work.

Key Stage One

Children across our primary schools will be taught all aspects of PE, including sporting skills.

- Gymnastics
- Dance
- Athletics
- Invasion Games
- Knowledge and Understanding of Health and Fitness

There are also opportunities to provide extra-curricular activities (clubs) as well as external providers linked to local clubs (eg. Wellington Rugby Club, Bristol Bears, Huish Tigers, Somerset Cricket).

Key Stage Two

Key Stage 2 children across our primary schools will be further enhance their understanding all aspects of PE, including sporting skills. From learning in Early Years and Key Stage One, learning will focus on development of prior learning, and extend those children who have specific talents. We will also signpost talented children to join local clubs to further extend their learning.

- Gymnastics
- Dance
- Athletics
- Invasion Games
- Swimming
- Knowledge and Understanding of Health and Fitness

There are also opportunities to provide extra-curricular activities (clubs) as well as external providers linked to local clubs (eg. Wellington Rugby Club, Bristol Bears, Huish Tigers, Somerset Cricket).

There are a range of competitive and non-competitive events and festivals. Schools within the Richard Huish Trust participate in several sporting events through the year, and we also participate in SASP (Somerset Activities and Sports Partnership) events, including cross country and orienteering.