

Together Everyone Achieves More

*Through.....
Loving learning, loving each other and loving life
itself
AGAPE: The Good Samaritan (Luke 10: 25-37)*

Newsletter 04/11/20

Dear Parents/Carers,

I hope you and your families had a well deserved rest over this half term holiday. We are now looking forward to the busy Christmas term ahead.

Thank you for your support with the new signing out arrangements for the end of the school day. Please remember that it is now more important than ever to maintain social distancing outside the school gates. Therefore we would be very grateful if you could stick to waiting on the 2m dots and leave straight away once you have collected your child.

Collective Worship Theme of the Week: Celebrating Difference

Share our similarities, celebrate our differences!

M. Scott Peck



Our 'Big Question' of the Week

What differences are you celebrating this week?

Little Herons Nursery

Welcome back! It has been lovely hearing all about the exciting things that the children have been doing over half term. From playing with cousins, visiting local attractions and carving pumpkins, the children have had a thoroughly nice time.

This Friday sees the beginning of our Forest School sessions. Those children attending will be sent a separate letter explaining the planning in greater detail. We still have 2 spaces left if anyone would like their child to join the muddy mayhem!

This week's activities are all about Guy Fawkes and Remembrance Sunday. It has been a tradition of the pre-school to lay a cross decorated with poppies painted by the children at the War memorial in North Curry. Although this isn't possible this year, the children are still making a poppy wreath to grace our classroom door.

As ever, if you have any queries or concerns then please do talk to your child's Key Person.

Little Herons staff.

Well Being: Tips

There are times when the most important thing is nothing. Niksen is a Dutch word meaning to do nothing or to be idle, doing something that has no use. One aspect of “the art of living” is to find out what ways of relaxing fit you best (see this Time article: <https://time.com/5622094/what-is-niksen/>). This approach will help you recover better, every day, every week, and it is not a one size fits all approach, it is personal. Do you know what ways of relaxing fit you? If yes, great, enjoy! If no, great, what a journey of exploration to enjoy! When did you last do nothing? Ask your colleagues, friends and family, help each other, give yourselves permission to do nothing, to recover well.

Emotional Literacy:

ELSA Parent Workshops

We are always looking for new ways to support Wellbeing and Mental Health at North Curry Primary School. We are hosting two Parent Workshops which will be presented by Dr Sinead Veale, Educational Psychologist.

On Tuesday 10th November at 2pm and 5:30pm via Teams

The workshops will focus on *Managing Big Emotions: Promoting Mental Health and Wellbeing*

- What is behaviour and what does it mean?
- What is anxiety?
- Emotion coaching: how to respond helpfully to your child’s big emotions.
- Setting boundaries

If you would like to attend the workshops with Dr Veale please email the office office@nc.huish.deucation by Monday 9th November, stating which workshop you would like to attend.

Any questions please contact Ms Harris via the school office or email.

Uphill Trust/Zones of Regulation Non Uniform Day

A big thank you to you all for your donations on the Friday before half term. We managed to raise £128.75. A particular thank you to Daniel and Eloise Carter who donated all their pocket money, birthday money etc. Well done!

School Lunch Reminder

For **w/c 9th November** orders must be placed by **midnight today Wednesday 4th November**. Unfortunately orders placed after this date/time will not be able to be processed and you will need to provide your child with a packed lunch for that week.

If your child has any special dietary requirements you must email the school office before the order cut off.

Kind regards,



Helen Morley.

Key Dates: Autumn Term 2 2020

Date	Subject
Wednesday 4 th November	Individual School Photos
Friday 6 ^h November	Virtual Shark Show and Share: 1.20
Friday 13 th November	Virtual Octopus Show and Share: 1.20 Children in Need Non Uniform Day
Friday 20 th November	Virtual Minnow Show and Share: 1.20
Friday 27 th November	Virtual Dolphin Show and Share: 1.20
Friday 4 th December	Virtual Starfish Show and Share: 1.20
Tuesday 8 th December	Local Governing Board Meeting: 5.00
Friday 11 th December	Virtual Seahorse Show and Share: 1.20
Monday 14 th December	9.00: Virtual Shark Christmas Cracker Show and Share 9.30: Virtual Octopus Christmas Cracker Show and Share
Tuesday 15 th December	9.00: Virtual Dolphin Christmas Cracker Show and Share 9.30: Virtual Minnow Christmas Cracker Show and Share
Wednesday 16 th December	9.00: Virtual Starfish Christmas Cracker Show and Share 9.30: Virtual Seahorse Christmas Cracker Show and Share
Wednesday 16 th December	National Theatre Panto: 10.00
Thursday 17 th December	In house Christmas Service: 1.20
Friday 18 th December	Christmas Party/Jumper Day End of term
Monday 21 st December – Friday 1 st January	Christmas Holidays
Monday 4 th January	INSET Day: Emergency First Aid
Tuesday 5 th January	Back to School