



**Together Everyone Achieves More**

*Through.....*

*Loving learning, loving each other and loving life  
itself*

*AGAPE: The Good Samaritan (Luke 10: 25-37)*

North Curry Church of England Primary School  
Greenway, North Curry, Taunton, Somerset. TA3 6NQ  
Tel: 01823 490423 Fax: 01823 491080  
E-mail: [office@nc.huish.education](mailto:office@nc.huish.education)  
Headteacher: Mrs H Morley  
[www.northcurryschool.co.uk](http://www.northcurryschool.co.uk)

21<sup>st</sup> October 2020

## Advice for Child to Self-Isolate for 14 Days

Dear Parents/Carers,

We have been advised that there has been a single confirmed case of COVID-19 within Dolphin Class.

### Isolation advice

We have followed the national guidance and have identified that your child may have been in close contact with the affected person. In line with the national guidance we recommend that your child now stay at home and self-isolate until and including 03.11.20.

Therefore, their first day back in school will be **Monday 2nd November**. The advice to self-isolate applies to all children and staff in Dolphin Class.

I fully appreciate the magnitude of this decision but the school is acting upon the advice of Public Health England. We are asking you to do this to reduce the further spread of COVID 19 to others in the community.

If your child is well at the end of the 14 days period of self-isolation, then they can return to usual activities.

Other members of your household can continue normal activities provided your child does not develop symptoms within the 14 day self-isolation period.

**Please note – you should not arrange for a test unless your child or a member of the household develops symptoms.**

The school will now undertake a deep clean of all areas used by Dolphin Class to ensure North Curry C of E Primary School remains a safe environment for all of our pupils and staff.

Please see the link to guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person.

North Curry C of E Primary School is part of the Richard Huish Trust, a company limited by Guarantee registered in England and Wales with company number 9320523

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<https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

### What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able to it is recommended you move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

Please see the link to the PHE 'Stay at Home' Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

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## Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

**For most people, coronavirus (COVID-19) will be a mild illness.**

If your child does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

## How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

## Further Information

Further information is available at

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<https://www.nhs.uk/conditions/coronavirus-covid-19/>

### IMPORTANT: Home Learning

**There is a pack of home learning materials available for your child that will last for the four days that your child will miss from school (14.10.20, 15.10.20, 02.11.20 and 03.11.20). Please come to the main school gate today (21<sup>st</sup> October) between 9.00am and 2.45pm for collection. Many thanks.**

I understand the concern this information will cause and I once again stress the importance of parents/carers following the guidance set out by the government. Children who are symptomatic or awaiting test results must self-isolate and not be sent to school.

Thank you all for your cooperation and understanding in these most challenging of times.

Kind regards,

Helen Morley.  
Head teacher.

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