

Together Everyone Achieves More

*Through.....
Loving learning, loving each other and loving life
itself
AGAPE: The Good Samaritan (Luke 10: 25-37)*

Newsletter 08/07/20

Dear Parents/Carers,

September Plans

Following the Government announcement last Thursday that all children will be able to return to school in September, the SLT and staff have been busy thinking ahead and planning about how we will welcome back all the children. These plans now need to be approved by the Local Governing Body and the Board of Directors at the Richard Huish Trust before they can be shared. The finer details will be sent out next Wednesday so everyone is clear of the arrangements for September. Many thanks in advance for your patience and understanding.

School Books: Years 2 to 5

If you would like to keep your children's school books from this academic year then there will be an opportunity to do so on Monday 20th July only. The school will be open from 9am until 11am for parents/carers to collect. Please buzz at the main school gate and let us know the name of the child/ren that you have come to collect (sorry but under GDPR we can only give the work to the parent/carer of the child whose books they are) and someone will bring it down to hand over the gate to you. Years R and 1 (current Minnow and Seahorse classes) will be keeping the children's work so that they can carry on using the books in September. All uncollected books will be safely disposed of at the end of the day as we simply don't have the space to store additional books over the Summer. Many thanks.

Collective Worship Theme of the Week: Change

Be the change you wish to see in the world!



Church section of the school website

This week's bible chat mat colouring sheet (which you may like to do with your child at home) is called 'Jesus the Storyteller'. Please click on the link below to take you to the Church section of the school website.

<https://north-curry-ce-primary.secure-primariesite.net/the-church/>

Our 'Big Question' of the Week

Reflecting on lockdown, what changes will you make in your life?

Well Being: Tip of the Week

Find some quality time and space, ask yourself three questions 'Who am I?' 'Why am I here?' 'How then should I live?' Answer the questions honestly, really think about the third one. In order to truly flourish is your way of

living aligned with your 'who' and 'why'? What can you do, for you, this week that will help you become more aligned with who you are? If you like, share your thinking with a trusted friend.

Emotional Literacy:

ELSA

Promoting Good Behaviour

Thinking about how we can use rewards at home can really encourage children. Selectively using rewards can encourage positive behaviour and help them to follow agreed rules.

Consequences influence behaviour – if someone gives us something we like, a reward, when we behave in a certain way then we are more likely to behave in that way again.

Parents can use rewards in this way to improve their children's behaviour and the extent to which they will follow the house rules that have been agreed.

Relevant – give rewards that the child really values – agree what these are with your child.

Realistic – don't give rewards that are too large or disruptive to the rest of the household.

Fair – use similar reward systems for the different children in your family.

Selective – only give rewards when your child behaves in the way you are trying to encourage.

Consistent – always give rewards when the behaviour you're trying to encourage happens.

Clear – make sure your child understands what you are rewarding.

Timely – give the reward as soon after the behaviour you are trying to encourage happens.

"As good as their word" – always follow through on a reward that you promise.

Rewards can be used to encourage effort – so that you encourage trying to follow the rules as well as succeeding.

For more family help and support please visit the Maudsley Charity website, it has fantastic relatable videos and everyday guidance for parenting. <https://maudsleycharity.org/familiesunderpressure/> or follow the link on the ELSA class page.



IMPORTANT: Online Data Collection Sheets Just a reminder that data collection checks are now made online via the Sims Parent app. As the school year comes to a close, please can I ask that you all check the details we currently hold and submit a return, even if it is a nil return (i.e. no changes). If you have any issues accessing this service, please email the school office. Thank you.

School

School Packed Lunch Order Reminder

For **w/c 13th July** orders must be placed by **midnight on Wednesday 8th July**. Unfortunately orders placed after this date/time will not be able to be processed and you will need to provide your child with a packed lunch for that week.

If your child has any special dietary requirements you must email the school office before the order cut off.

If you have not requested access to order a lunch and now wish to do so, please email the school office asap. Otherwise please ensure you provide a packed lunch for your child.

Kind regards,

HMorley

Helen Morley
Head teacher

Health & Wellbeing Help for Young People and Families

Mindline Somerset
Emotional support helpline
Coronavirus



01823 276 892

Available
Mon - Fri 9am - 11pm
Sat - Sun 8pm - 11pm

Open 24 hours a day, seven-days a week, Mindline is open to people of all ages who need urgent mental health support. The helpline is the first port of call for mental health help – it is operated by people in your local area who will know how best to support you.



ChatHealth is a new mobile health service for parents and young people in Somerset making it easier to get health and wellbeing advice. Available Monday-Friday 9am - 4pm.

Parents of children 0-4:

Confidential help from the Health Visiting Team for parents and carers of 0-4 years. **Just send a text 07480 635514**

Parents of children 5-19 years: If you have a child 5-19 and looking for confidential help and advice? Just send a text to your School Nurse Team. **Text 07480 635515**

Young People 11-19 years: Discreet and quick. If you're aged 11-19 it only takes one text to start making a difference. You'll get confidential advice from a local School Nurse. You don't have to give your name if you don't want to. **Text 07480 635516**



Young Somerset's Wellbeing Service - Free wellbeing support for young people experiencing low level mental health needs. Find out more here: www.youngsomerset.org.uk/wellbeing-support

What is the Virtual Hub? This is a safe online space for young people & parents to find out about what support is available in your area. We also have interactive workshops each week on social media, led by Young Somerset's team to give you professional advice and guidance on how to maintain positive Wellbeing, and look after your Mental Health. - find out more here: www.youngsomerset.org.uk/the-hubs



Kooth – Safe and anonymous online support for young people until 10pm – friendly counsellors, self-help and community support. kooth.com

And More...

- ❖ For further Health & Wellbeing tips, advice & information including support for parents and carers go to the Public Health website: www.cypsomersethealth.org
- ❖ For further information & support for young people during the Coronavirus go to: www.youngsomerset.org.uk/coronavirus-support-for-young-people